

29 Principles of Bishnoi Religion

1. Observe 30 days state of untouchability incase of birth.Explanation: The first rule develops health and mental fitness of the new baby and the mother. Temporary untouchability in the family for 30 days in case of birth and 3 days for death.
2. Observe abstinence for five days, while a woman is in her menses by not allowing her work at all.Explanation: he woman in her period is an un- hygienical and therefore must be spared from any contact.
3. Bath early morning - well before the sun rise.
4. Obey the Ideal Rule of life: Modesty.Explanation: Men and Women obey the rule of Sheel varta. Robbery, Illegal sex and fanaticism are root cause of falling any society.
5. Patience.Explanation: Perfect patience as the God enables you to beget your score only at an appropriate time.
6. Purification.Explan- ation: Purify soul internal as well as externally.
7. Perform 'Sandhya' two times a dayExplanation: Starts the day with Super- Power in morning and surrender the deed whatever did, in evening.
8. Aarati & Eulogise the God, the Lord Vishnu in evening hours.9. Perform Yagna / Havan.Explanation: Perform Yagna in every bishnoi home with ful of love and spirit.
10. Filter Water, Milk and Wood.11. Speak Pure Words.12. Tolerance and Forgiveness.13. Do not steal.
14. Do not Condemn or Criticise.
15. Do not tell a Lie.
16. Do not waste time on Disputes or Arguments.



17. Keep fast on Amavashya.
18. Worship and offer Prayers to Lord Vishnu, the almighty daily.
19. Pity on all beings and Save wild animals.
20. Do not cut Trees or the greenery.
21. Crush Lust, Anger, Greed, Attachment.
22. Do not accept food or water from the hands of those who have yet not been initiated through Pahal.
23. Protect the male sheep and Goats.Explanation: Do not sale goat or sheep to butchers, Today Bishnois have not any goat or sheep in their house.
24. Do not sterlize the ox.
25. Do not use Opium.
26. Do not use Tobacco or Smoke.
27. Do not take Bhang or hemp.
28. DO not take Wine and Meat.
29. Do not use blue clothes.

Dinesh kumar

